

SCHEDULE

***Note: Most programs
start 2nd or 3rd week of September**

ALL PROGRAMS ARE FREE EXCEPT WHERE COST IS NOTED

PROGRAM	MON	TUE	WED	THU	FRI	SAT
BALL HOCKEY	YFCHL Pre-Season (7-9pm) Ages 13-17					
DROP-IN		Atrium Drop-in (4-8pm) Ages 13-17	Jr. Drop-in (6-8pm) Ages 8-12	Open Gym (4-6pm) Atrium Drop-in (4-8pm) Ages 13-17)		
CLUB BASKETBALL		Boys Basketball (4-6 PM) Ages 12 -17		Boys Basketball (6-8 pm) Ages 12 -17		
FILM & MEDIA		Creative Space Cafe (4-6pm) Ages 12-17 The Crew (6:30-9pm) Ages 12 -17				
MASTERWORKS ARTS STUDIO		Art Workshop (4-8pm) Ages 13-17	Jr. Masterworks Dance (6-8pm) Ages 8-12	Art Workshop (4-8pm) Ages 13-17		
SOCCER		Soccer League Night (6:30-9:30pm) Ages 12-18	Soccer Junior League (6-7:30pm) Ages 9-14 Soccer Drop-In (7:30-9pm) Ages 10-17			Winter Soccer Academy (More details coming soon) Ages 7-11 \$30
THE EDGE		TUESDAYS STARTING LATE OCTOBER				
THE RIG		Strength Training (6-8pm) Ages 12-18	Jr. Rig (6-8pm) Ages 8-12	Parkour Academy (6-8pm) Ages 12-18		
THE ROCK		Drop-In Climbing Night (6-8pm) Ages 12-17	The Rock Jr. Program (6-8pm) Ages 8-12			
YOUNG PARENTS		Young Moms (6-8pm)		Young Moms - Weekly Young Dads - bi-weekly (6-8pm)		
WORKFORCE	Work Force Thrive Location: 333 King St. 6-9 PM (Ages 18 - 22)	Work Force Job Studio Location: TBD 4:30 - 6 PM (Ages 16-20)		Work Force Job Studio Loc:TBD (4:30 - 6pm) Ages 16-20 Work Force Infinity Youth Loc:TBD (6:30-8:30pm) Ages12-18		